



# RACHEL Q. JENSEN

LICENSED MASSAGE THERAPIST

## INTRODUCTION

Hi there! I'm Rachel and I'm excited to combine my diverse skills in Holistic Wellness and Marketing with my passion for massage to partner with a company that is as excited about helping people as I am.

## PROFESSIONAL SKILLS

Swedish  
Deep Tissue  
Reflexology  
NMT  
Reiki Master  
Tarot + Intuitive Arts Teacher  
Writer  
Clinic Management Experience  
Business Development Experience

## CONTACT DETAILS

Number: 303.493.1583  
Email: rachelqjensen@gmail.com  
Denver, CO

## OBJECTIVE

Massage therapist + energy worker with an active client base looking to partner with a thriving wellness practice to create an environment for clients that promotes healing through bodywork and energetic awareness. I'm seeking to offer my client base access to other skilled practitioners and modalities to further their journey of health self-discovery.

## CAREER PROGRESSION

### HOLISTIC WELLNESS PRACTITIONER

*Apothecary Tinctura | 2016-Present*

- Offering in-person Reiki, Intuitive Mediumship and Tarot sessions for clients in clinic and online
- Teach classes quarterly on developing intuition, empathetic awareness, chakra balancing and more
- Interim store and clinic manager, 2016

### QUINLAN TAROT, OWNER

*Tarot and Spiritual Work | 2017-Present*

- In-person and online intuitive session provided to a diverse range of clientele
- Private tarot and intuitive development teacher
- Provide tarot readings for events including: HBO, Comcast, Riot Fest VIPs, Museum of Outdoor Arts, personal parties and corporate gatherings
- Guest speaker on the topic of Tarot, Intuition, Energy work and the tradition of Wise Women
  - Appeared as guest on WitchCraftsy Podcast, Practical Magic Television Program and consulted in the creation of the Darkness of Light Tarot Deck

### MARKETING CONSULTANT

*Slice Marketing, Owner | 2007-Present*

- Offering in-person Reiki, Intuitive Mediumship and Tarot sessions for clients in clinic and online
- Teach classes quarterly on developing intuition, empathetic awareness, chakra balancing and more
- Interim store and clinic manager, 2016

## ACADEMIC BACKGROUND

### COLORADO SCHOOL OF HEALING ARTS

*720 Hour Massage Program (2020)*

- Specialize in Deep Tissue and Neuromuscular Therapy
- Certifications in Prenatal massage and Thai Reflexology
- Knowledge of Sports Massage + Swedish Massage

### UNIVERSITY OF PUGET SOUND

*B.A. in English (Rhetorical Criticism) (2005)*

### FULLSAIL UNIVERSITY

*MS in Internet Marketing (2010)*



# RACHEL Q. JENSEN

LICENSED MASSAGE THERAPIST + INTUITIVE  
ENERGY WORKER

Rachel Jensen  
Licensed Massage Therapist  
2805 Fenton Street  
Denver, CO 80214  
(303) 493-1583  
RachelQJensen@gmail.com

April 28, 2020

Hi Dr. Islin,

I wanted to take a quick moment to tell you about why I'm thrilled to be submitting my resume for the position of massage therapist which I saw posted on barefoot.com at your chiropractic clinic.

Here are a few reasons why I think my skill set and your business would make a great match:

- My first adjustment at the age of 12 has led me to become a firm believer in the benefits of chiropractic.
- I believe in the power of our innate intelligence to self-heal given the framework, and I use chiropractic as one of the foundational tools of my self-care. I believe massage and chiropractic are complementary services, and my approach to touch begins with listening to clients and the needs of their body, and sensing into the changes the body is willing to make during any given session.
- My background managing an Apothecary, and working with my own roster of clients has taught me the importance of customer retention by making space for clients to feel respected and seen from the moment they set foot into the office.
- I believe my passion for my practice is palpable. I wake up excited to hold space for the healing of others, and I ensure I take care of my own mental and physical health in order to show up better for others.

If you like what you're reading so far, I'd love to connect with you in person to give you a demo of my bodywork and to talk more about your business model to see if we'd be a good fit for one another.

Best Regards,

Rachel Q. Jensen



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ENERGY WORKER

## **Mission Statement**

Bodywork with Rachel is a co-creative process with a shared goal of your improved health and wellbeing. Together, we assess and address the conditions in your life that are holding you back. In one form or another, these blocks are manifested in the physical and subtle layers of your body.

During our work together, we will use touch, gentle movement and guided awareness to allow the innate intelligence of your body to help promote healing. Each session with Rachel is different, some can be relaxing and nourishing, while others require vulnerability and an attitude of personal discovery. Each session should leave you feeling nourished, heard and inspired to continue your journey in your everyday life.

## **Bio**

My feet have walked many a path on my 30+ years on this planet. I've worked in the music industry, in television, as a ghostwriter and consulted for a handful of startups in my life as a digital marketing specialist. I've got an entrepreneurial spirit and a curiosity that helps me get shit done. However, in the last decade or so my soul has asked for more. I returned to my roots as the weird kid who could sense the unseen and talked to things that whispered from just beyond the veil. In 2016, I took a leap and began reading tarot and practicing Reiki part-time.

Before I knew it, I was teaching classes, appearing on podcasts and tv shows, and reading tarot for clients like HBO and Riot Fest. But still, this wasn't enough - I experienced the most fulfillment when I could help others wake up to the magic of their own lives. Bodywork had always been a modality that had helped me get out of my mind and into my body, and I became convinced that addressing the psyche and soul by way of the body was the key to remembering our innate wholeness and accessing our own magic.

In 2020, I graduated from the Colorado School of Healing Arts and began incorporating bodywork, energy work and soul work.



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LICENSED MASSAGE THERAPIST + INTUITIVE  
ENERGY WORKER

## References

### **Kristin Schuch**

Employer  
Owner - Apothecary Tinctura  
(303) 399-1175

### **Scott Hahn**

Neuromuscular Massage Teacher  
Colorado School of Healing Arts  
(303) 594-7754

### **Elissa McElroy**

Colleague  
Owner - Haute Mess Beauty Bar  
(303) 877-0699



# Certificate of Insurance

## OCCURRENCE COVERAGE

### ABMP In-Dues Liability Program

**ABMP MAILING ADDRESS:**

Associated Bodywork & Massage Professionals  
25188 Genesee Trail Road  
Suite 200  
Golden, CO 80401

**MASTER POLICY HOLDER**

Allied Professionals Insurance RPG

**AGENT/BROKER**

Allied Professionals Insurance Services

**ISSUED BY:**

Allied Professionals Insurance Company, A  
Risk Retention Group, Inc.

**POLICY #:** API-ABMP-19

**LIABILITY LIMITS**

(per member)

**COMMERCIAL GENERAL LIABILITY**

ANNUAL AGGREGATE .....	\$6,000,000
PER OCCURRENCE LIMIT .....	\$2,000,000
PRODUCTS-COMP/OP .....	included
PROFESSIONAL LIABILITY .....	included
GENERAL LIABILITY .....	included
FIRE LIABILITY LIMIT .....	\$100,000

**To verify information, contact ABMP. Tel: 303-674-8478 Fax: 303-674-0859**

This Policy is issued by your risk retention group. Your risk retention group may not be subject to all of the insurance laws and regulations of your State. State insurance insolvency guaranty funds are not available for your risk retention group. Coverage is afforded to person(s) named herein as Named Insureds according to the terms and conditions of the Policy to which this Certificate refers, subject to limitation by any applicable state licensing laws. No other rights or conditions, except as specifically stated herein, are granted or inferred.

**COVERAGES**

THIS IS TO CERTIFY THAT THE POLICY OF INSURANCE LISTED ABOVE HAS BEEN ISSUED TO THE INSURED NAMED BELOW. THE INSURED ACTIVE DATE LISTED BELOW APPLIES ONLY TO ELEMENTS OF COVERAGE CONTINUOUSLY IN PLACE SINCE THE INCEPTION OF THE NAMED INSURED'S POLICY. CHANGES TO COVERAGE ARE EFFECTIVE RETROACTIVELY ONLY TO THE DATE THE CHANGE WAS MADE. REPORT IN WRITING WITHIN 48 HOURS ANY & ALL CLAIMS, OR INCIDENTS THAT YOU BELIEVE MAY RESULT IN A CLAIM, EVEN IF GROUNDLESS.

This Certificate, along with the Policy to which it refers, is valid evidence of coverage extended to the Certificate Holder listed below.

**CERTIFICATE HOLDER**

(Active Registered Members are on file with the ABMP Membership Director.)

Member/Named Insured: Rachel Jensen  
Membership I.D. #: 1325437  
Member/Policy Term Active: Jul-12-2019  
Member/Policy Term Expires: Jun-20-2020  
Total Member Cost: \$ 15 (ABMP Membership, including Member Liability Coverage)

*Phil 87*

**Authorized Representative**

**CANCELLATION:** Should any of the above described policies be cancelled before the expiration date thereof, the issuing company will endeavor to mail 10 days written notice for non-payment or 90 days written notice for any other reason to the certificate holder named above, but failure to mail such notice shall impose no obligation or liability of any kind upon the company, its agents or representatives.

**ADDITIONAL INSURED:**

(with inception date)

*Student Membership includes insurance for education-related activities only. Coverage is extended subject to all terms and conditions of the Policy. Membership coincides with the first and last days of class (except in those states where students are allowed by law to refine their skills by practicing massage/bodywork while waiting for valid licensure), not to exceed twelve (12) months. This level of membership is not available to individuals taking solely a continuing education course or seminar. Employers/Contractors should not accept this Certificate of Insurance as proof that the student membership provides individual liability insurance coverage for a student member who is working for compensation. ABMP provides liability insurance to qualified members and the Insurance Company will rely on the information each applicant provides on their application/renewal as true and accurate.*

CMT720	Active 540	▲
		▼

<b>Student Name</b> Rachel Quinlan-Murphy Jensen	<b>Status</b> Active Student	<b>Phone</b> 303-493-1583
<b>Address</b> 2805 Fenton St.	Wheat Ridge CO 80214	
<b>Date of Birth</b> 6/6/1983		<b>Student ID</b> 7145

<u>Program ID</u>	<u>Class Name</u>	<u>From Date</u>	<u>To Date</u>	<u>Clock Hours</u>	<u>Class Grade.</u>	<u>Class Status</u>	<u>Comment</u>
CMT720	Anatomy	7/8/19	9/16/19	60	96 (4)	Pass	
CMT720	Massage Level 1	7/9/19	9/17/19	120	100 (4)	Pass	
CMT720	Physiology	10/7/19	12/16/19	60	94 (4)	Pass	
CMT720	Massage Tier 2	10/8/19	12/17/19	120	100 (4)	Pass	
CMT720	Massage Level 3	1/7/20	3/12/20	100	97 (4)	Pass	
CMT720	Palpation of Anatomy	1/8/20	3/11/20	40	100 (4)	Pass	
CMT720	Sports Massage 1	1/8/20	3/11/20	40	97 (4)	Pass	
CMT720	Integrative Massage.	4/6/20	6/15/20				
CMT720	Clinic Tuesday	4/7/20	6/9/20				
CMT720	Business & Wellness	4/8/20	6/17/20				
CMT720	Body Centered Therapy	4/8/20	6/10/20				
CMT720	Prenatal Massage	4/18/20	4/19/20				

# BASIC LIFE SUPPORT

## BLS Provider



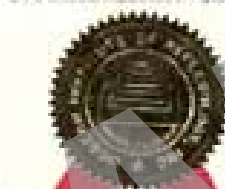
American  
Heart  
Association®

The above individual has successfully completed the cognitive and skills evaluations in accordance with the curriculum of the American Heart Association Basic Life Support (CPR and AED) Program.

Issue Date

Recommended Renewal Date

# Modern Institute of Reflexology™



Official Seal  
Reflexology No. PLE0001

July 11, 2000

7763 West Colfax Avenue, Denver, Colorado 80215  
U.S.A.

## Freelancer Professional

HAS BEEN DULY GRANTED TO

**Ed Fong**

*Who has exceeded the 500 hour  
Experiential & Verification requirements  
for attainment of  
Professional Recognition  
as a free-lance Practitioner of  
the Art and Science of  
FOOT REFLEXOLOGY  
as taught by the  
Experiential Training Program  
of the  
Modern Institute of Reflexology*

*Richard H. Long, D.C.*  
Richard H. Long, D.C. (ret.)  
Chairman MIR Advisory Board

*Zachary K. Shaver, M.D.*  
Zachary K. Shaver, M.D., D.H.  
Director of Studies





Your School Goes Here

# Certificate of Completion



This certifies that Your Name Here  
Has completed in a satisfactory manner the prescribed course  
Of study of 1000 hours in Massage Therapy and is awarded the degree of  
Associate of Therapeutic Studies Degree in Energy Healing Therapist

Given This 26th Day of May 2009



Witnessed our hand and seal  
Your School Here  
School's Address here

  
Director

**Colorado Department of Regulatory Agencies  
Division of Professions and Occupations**

**Massage Therapy**

Rachel Q. Jensen

**Massage Therapist**

**MT.0013706**

**Number**

**Active**

**Credential Status**

**01/01/2017**

**Issue Date**

**12/31/2018**

**★ Expire Date**

Verify this credential at: [www.colorado.gov/dora/dpo](http://www.colorado.gov/dora/dpo)

*Ronne Hines*

1876

**Division Director: Ronne Hines**   **Credential Holder Signature**